

NFPA

1001

FIRE FIGHTER PROFESSIONAL QUALIFICATIONS 1981



NATIONAL FIRE PROTECTION ASSN.
LIBRARY
470 ATLANTIC AVENUE
BOSTON, MASS. 02210

Copyright © 1981

All Rights Reserved

NATIONAL FIRE PROTECTION ASSOCIATION, INC.
Batterymarch Park, Quincy, MA 02269

NOTICE

All questions or other communications relating to this document should be sent only to NFPA Headquarters, addressed to the attention of the Committee responsible for the document.

For information on obtaining Formal Interpretations of the document, proposing Tentative Interim Amendments, proposing amendments for Committee consideration, and appeals on matters relating to the content of the document, write to the Vice President and Chief Engineer, National Fire Protection Association, Batterymarch Park, Quincy, MA 02269.

A statement, written or oral, that is not processed in accordance with Section 16 of the Regulations Governing Committee Projects shall not be considered the official position of NFPA or any of its Committees and shall not be considered to be, nor be relied upon as, a Formal Interpretation.

Licensing Provision — This document is copyrighted by the National Fire Protection Association (NFPA).

1. Adoption by Reference — Public authorities and others are urged to reference this document in laws, ordinances, regulations, administrative orders or similar instruments. Any deletions, additions and changes desired by the adopting authority must be noted separately. Those using this method are requested to notify the NFPA (Attention: Vice President and Chief Engineer) in writing of such use. The term "adoption by reference" means the citing of title and publishing information only.

2. Adoption by Transcription — **A.** Public authorities with lawmaking or rulemaking powers only, upon written notice to the NFPA (Attention: Vice President and Chief Engineer), will be granted a royalty-free license to print and republish this document in whole or in part, with changes and additions, if any, noted separately, in laws, ordinances, regulations, administrative orders or similar instruments having the force of law, provided that: (1) due notice of NFPA's copyright is contained in each law and in each copy thereof; and, (2) that such printing and republication is limited to numbers sufficient to satisfy the jurisdiction's lawmaking or rulemaking process. **B.** Once this NFPA Code or Standard has been adopted into law, all printings of this document by public authorities with lawmaking or rulemaking powers or any other persons desiring to reproduce this document or its contents as adopted by the jurisdiction in whole or in part, in any form, upon written request to NFPA (Attention: Vice President and Chief Engineer), will be granted a nonexclusive license to print, republish, and vend this document in whole or in part, with changes and additions, if any, noted separately provided that due notice of NFPA's copyright is contained in each copy. Such license shall be granted only upon agreement to pay NFPA a royalty. This royalty is required to provide funds for the research and development necessary to continue the work of NFPA and its volunteers in continually updating and revising NFPA standards. Under certain circumstances, public authorities with lawmaking or rulemaking powers may apply for and may receive a special royalty when the public interest will be served thereby.

All other rights, including the right to vend, are retained by NFPA.

(For further explanation, see the Policy Concerning the Adoption, Printing and Publication of NFPA Documents which is available upon request from the NFPA.)

Statement on NFPA Procedures

This material has been developed under the published procedures of the National Fire Protection Association, which are designed to assure the appointment of technically competent Committees having balanced representation. While these procedures assure the highest degree of care, neither the National Fire Protection Association, its members, nor those participating in its activities accepts any liability resulting from compliance or noncompliance with the provisions given herein, for any restrictions imposed on materials or processes, or for the completeness of the text.

NFPA has no power or authority to police or enforce compliance with the contents of this document and any certification of products stating compliance with requirements of this document is made at the peril of the certifier.

**National Professional Qualifications System
established by the**

Joint Council of National Fire Service Organizations

Constituent Members of the
Joint Council of National Fire Service Organizations

Fire Marshals Association of North America
International Association of Arson Investigators
International Association of Black Professional Fire Fighters
International Association of Fire Chiefs
International Association of Fire Fighters
International Fire Service Training Association
International Municipal Signal Association
International Society of Fire Service Instructors
Metropolitan Committee of International Association of Fire Chiefs
National Association of Fire Service Administration
National Fire Protection Association
National Volunteer Fire Council

The Joint Council of National Fire Service Organizations consists of leaders of the principal national organizations representing the Fire Service of the United States. It meets periodically to review current developments and to establish areas of common interest where cooperative efforts of member organizations can be used for maximum results.

An important step in the establishment of national standards of professional competence for the fire service was taken by the Joint Council on October 25, 1972.

The Council decided that one area of common interest in which national collective action was desirable was in the establishment of standards upon which the levels of competency within the fire service could be determined.

A committee of the Council was delegated the responsibility of preparing an acceptable system for the development of the standards. Following several months of work, during which the suggestions of constituent organizations were incorporated, the Committee submitted the final proposal to the Joint Council and the following system was approved and established:

1. Committees to develop standards of professional competency, made up of peer group representation; and
2. An independent Board to oversee and validate standards developed and the implementation of such standards in a nationally coordinated continuing professional development program for the fire service.

The Secretariat for Committees and Board is to be provided by the staff of the National Fire Protection Association.

1. Fire Service Professional Standards Development Committees

There are four committees, each of which is made up of representatives of organizations which are constituent members of the Joint Council and certain other persons nominated by the Joint Council, collectively.

The four committees are respectively responsible for the development and preparation of recommended minimum standards of professional competence required of:

1. Fire Fighters
2. Fire Inspectors and Investigators
3. Fire Service Instructors
4. Fire Service Officers.

Each committee is established and operated under NFPA standards-making procedures with one important variation, which is that no draft standard shall be submitted to NFPA for final adoption until it has been approved by the National Professional Qualifications Board for the Fire Service.

Standards are prepared for use after final adoption as a basis for nationally standardized examinations by authorized agencies and the standards are available for adoption by federal, state and local authorities.

Committees do not determine, or become involved in, actual certification procedures or the direct implementation of the standards; they do assist implementing agencies by a continuing review and revision of the standards.

The balance of representation on each committee is as follows:

1. Fire Fighter Qualifications Committee

International Association of Fire Chiefs	3 persons
International Association of Fire Fighters	3 persons
International Association of Black Professional Fire Fighters	3 persons
International Fire Service Training Association	3 persons
International Society of Fire Service Instructors	3 persons
National Fire Protection Association	3 persons
Joint Council of National Fire Service Organizations	3 persons

2. Fire Inspector and Investigator Qualifications Committee

Fire Marshals Association of North America	2 persons
International Association of Arson Investigators	2 persons
International Association of Fire Chiefs	2 persons
International Association of Fire Fighters	2 persons
National Fire Protection Association	2 persons
Joint Council of National Fire Service Organizations	3 persons

3. Fire Service Instructor Qualifications Committee

International Association of Fire Chiefs	2 persons
International Association of Fire Fighters	2 persons
International Fire Service Training Association	2 persons
International Society of Fire Service Instructors	2 persons
National Fire Protection Association	2 persons
Joint Council of National Fire Service Organizations	3 persons

4. Fire Service Officer Qualifications Committee

Fire Marshals Association of North America	3 persons
International Association of Fire Chiefs	3 persons
International Association of Fire Fighters	3 persons
International Association of Black Professional Fire Fighters	3 persons
International Society of Fire Service Instructors	3 persons
Metropolitan Committee of International Association of Fire Chiefs	3 persons
National Fire Protection Association	3 persons
Joint Council of National Fire Service Organizations	3 persons

(The above representation was the result of a revision made in September 1974, which increased the number of members of the Fire Fighter and Fire Officer Committees.)

2. National Professional Qualifications Board for the Fire Service

A nine-person Board appointed by the Joint Council to act on behalf of the Council in the following duties and responsibilities:

- (i) The Board is constituted to supervise a nationally coordinated continuing professional development program for the Fire Service.
- (ii) The Board shall be responsive to the needs and opinions of all groups involved with the Fire Service and of others, including individuals who have related interests.
- (iii) It shall identify and define levels of professional progression.
- (iv) It shall correlate, review and validate draft standards prepared by the Technical Committees established to produce professional standards for each level of fire service responsibility.
- (v) It shall approve all draft standards before such are submitted for final adoption procedures.
- (vi) It shall be responsible for the accreditation and supervision of any national programs of certification and shall coordinate with implementing agencies to ensure validity and reliability of the evaluation criteria used in connection with such programs.

CURRENT COMPOSITION OF THE BOARD

Chairman

(1979-1981)

David B. Gratz, Director

I.A.F.C. Foundation

9316 Brookville Road

Silver Springs, MD 20910

Secretary

Martin E. Grimes

Vice President

National Fire Protection Association

BatteryMarch Park

Quincy, MA 02269

Jack Allen

1305 Webster Street Apt. C207

Alameda, CA 94501

Frank E. Oberg

Associate Director

Fire Service Information, Research and Information Ctr.

University of Minnesota

3300 University Avenue, S.E.

Minneapolis, MN 55414

Sandra S. Payne

Personnel Research Psychologist

Personnel Research & Development Ctr.

Room 3226

Office of Personnel Management

1900 E Street, N.W.

Washington, DC 20415

John W. Hoglund, Director

Fire and Rescue Institute

University of Maryland

College Park, MD 20740

Allan R. Stone, Chief

Glendale Fire Department

210 South Orange

Glendale, CA 91204

STATEMENT BY THE BOARD AS TO THE APPLICABILITY OF STANDARDS DEVELOPED UNDER THE SYSTEM

Application to Existing Positions

It is not the intent of the Board that these standards shall have the effect of rendering invalid any rank, qualification and appointment acquired prior to the adoption of this standard.

Upon adoption of any standard, the authority having jurisdiction shall classify its existing ranks, qualifications, and appointments to determine equivalency with an appropriate level of the standard.

An incumbent of a position established prior to adoption of a standard shall be considered qualified and eligible for future progression in accordance with the standards.

Existing Systems

Those existing systems of qualifications which meet or exceed these minimum standards should continue in force.

It is the intent, however, that existing systems of qualifications which fail to meet these standards be discontinued after adoption of the standard, so that all persons acquiring qualification thereafter do so in accordance with this standard.

The Board recognizes that, at present, wide variations exist in the standards of competence required of members of the fire service; and that due to geographic considerations and the differing requirements of the many organizations providing fire protection, higher levels of competence than those provided in the standards produced under the National System may be desirable in certain areas.

The Board considers it essential that all members of the fire service eventually achieve the minimum standards.

Performance Objectives

The Board directed all committees to develop standards in terms of terminal performance objectives, which are considered the *minimum* necessary for a person to be considered competent to engage in providing fire service at the respective level and in the role specified by the standard, no matter where that person is serving.

In this connection, it is pointed out that the statement of performance objectives contained in the standards is not a training program outline. A number of instructional steps are required for mastery of an objective. Teaching outlines will be more detailed and extensive, as a single objective can require many hours of instruction and may interrelate to instruction for other objectives.

The Standards

The standards are designed so that any member of the fire service can achieve the level required by various means; these include participation in state and local training programs, self-study, attendance at colleges offering suitable courses, and by combinations of these means.

The standards are the first step: there must also be a controlled testing procedure by which personnel can be officially certified when they have demonstrated their competency. The Board stresses that such testing procedures are essential to a meaningful program of professionalism and, accordingly, is prepared, in conformance with the directions of the Joint Council of National Fire Service Organizations, to review the validity and quality of testing procedures established by state and local authorities, and to accredit such procedures.

The Board strongly recommends that certification procedures be established on a statewide basis in every state where no such system exists at present, and that every fire department participate in the program.

The establishment of standards and testing procedures will not, in themselves, ensure that all personnel will achieve the required levels of competency. It follows that training programs should be developed to prepare members of the fire service to acquire the skills and knowledge necessary to achieve the terminal performance objectives of the standards.

Throughout the standards, levels of numerical ascending sequence have been used to denote increasing degrees of responsibility: e.g., Fire Fighter I, II, III, the lowest or basic level being I. A similar sequence will be used in each standard; the total number of levels varying in accordance with the number of steps involved in the individual standard.

Apprenticeship Programs

NFPA 1001, *Fire Fighter Professional Qualifications*, is recommended for use in apprenticeship programs for fire fighters as certified by the United States Department of Labor. Accreditation and

supervision of such programs, as well as certification, shall be coordinated with the Joint IAFF/IAFC Committee on Apprenticeship Standards and the National Professional Qualifications Board for the Fire Service, in order to ensure the validity and reliability of the evaluation criteria used in connection with such programs.

Approval of Standard

The final draft of NFPA 1001, *Fire Fighter Professional Qualifications*, was approved by the National Professional Qualifications Board for the Fire Service on the 3rd day of April, 1981, with the recommendation that it be submitted for adoption at the NFPA Annual Meeting to be held in Dallas, Texas in May, 1981.

(The foregoing is not part of the Standard.)

Fire Fighter Professional Qualifications

NFPA 1001

© 1981 NFPA, All Rights Reserved

Standard for Fire Fighter Professional Qualifications

NFPA 1001-1981

1981 Edition of NFPA 1001

This is the second edition of the Standard for Fire Fighter Professional Qualifications. It was acted on by the National Fire Protection Association, Inc. on May 19, 1981 at its Annual Meeting in Dallas, Texas on recommendation of the Professional Qualifications Standards for Fire Fighters Committee. It was issued by the Standards Council with an effective date of July 29, 1981.

Origin and Development of NFPA 1001

On December 14, 1972 the National Professional Qualifications Board for the Fire Service directed the chairmen of four technical committees to develop minimum standards for each of the following areas: fire fighter, fire instructor, fire investigator and inspector, and fire officer.

In compliance with this movement, the Fire Service Professional Development Committee for Fire Fighter Qualifications met in several sessions during 1973 and 1974, with the first edition of the standard being adopted in November of 1974. There have been several meetings of the committee since the standard was first adopted. Many people have furnished comments on their experience with the standard. These comments as well as the public proposals and public comments have been the basis for the changes that have been incorporated into the second edition.

The intent of the committee was to develop performance standards in such a clear and concise manner that they can be used to determine, without doubt, that any person so measured does truly possess the skills to be a fire fighter. The committee further contends that these performance objectives can be used in any fire department in any city, town or private organization throughout the North American Continent. To this end, the committee has recommended basic disciplinary areas of study for the fire fighter and areas that will lead to advancement into other areas of the fire services.

Committee on Fire Service Professional Standards Development for Fire Fighter Qualifications

Roger K. Sweet, Chairman

Iowa State University

Rep. International Society of Fire Service Instructors

Carl W. Irwin, M.D., Vice Chairman

Bangor, ME

Rep. National Fire Protection Assn.

Charles H. Steele, Secretary

Annapolis, MD

International Assn. of Fire Chiefs

Edward W. Bent, Sacramento, CA

Rep. International Fire Service Training Assn.

Barry J. Bush, Department of Education, NH

Rep. International Society of Fire Service Instructors

Gene Carlson, Oklahoma State University

Rep. International Fire Service Training Assn.

William E. Clark, St. Petersburg, FL

Rep. National Fire Protection Assn.

Lawrence W. Davis Jr., Glastonbury, CT

Rep. Joint Council of National Fire Service Organizations

Dennis Dewar, Florida State Fire College

Rep. Joint Council of National Fire Service Organizations

Carl Holmes, Oklahoma City Fire Department

Rep. International Fire Service Training Assn.

Carl E. McCoy, IL Fire Protection Personnel Stds. & Education Comm.

Rep. Joint Council of National Fire Service Organizations

Frank J. Muscare, Chicago 77's Union Local 2

Rep. International Assn. of Fire Fighters

C. L. Nimmerfroh, Minneapolis Fire Department, MN

Rep. International Assn. of Fire Chiefs

H. A. Schaitberger, International Assn. of Fire Fighters

Rep. International Assn. of Fire Fighters

Robert G. Sullivan, IAFF, Local 505

Rep. International Assn. of Fire Fighters

This list represents the membership at the time the Committee was balloted on the text of this edition. Since that time, changes in the membership may have occurred.

NOTE: Membership on a Committee shall not in and of itself constitute an endorsement of the Association or of any document developed by the Committee on which the member serves.

Contents

Chapter 1 Administration	1001- 5
1-1 Scope	1001- 5
1-2 Purpose	1001- 5
1-3 General	1001- 5
1-4 Definitions	1001- 6
Chapter 2 Entrance Requirements	1001- 8
2-1 General	1001- 8
2-2 Medical Requirements for Fire Department Candidates	1001- 8
2-3 Minimum Physical Fitness Requirements	1001-35
Chapter 3 Fire Fighter I	1001-37
3-1 General	1001-37
3-2 Forcible Entry	1001-37
3-3 Protective Breathing Apparatus	1001-37
3-4 Emergency Medical Care	1001-38
3-5 Ropes	1001-38
3-6 Salvage	1001-39
3-7 Fire Hose, Nozzles, and Appliances	1001-39
3-8 Fire Streams	1001-40
3-9 Ladders	1001-41
3-10 Ventilation	1001-42
3-11 Inspection	1001-42
3-12 Rescue	1001-42
3-13 Sprinklers	1001-42
3-14 Fire Alarm and Communications	1001-43
3-15 Safety	1001-43
3-16 Fire Behavior	1001-44
3-17 Overhaul	1001-44
Chapter 4 Fire Fighter II	1001-46
4-1 General	1001-46
4-2 Forcible Entry	1001-46
4-3 Protective Breathing Apparatus	1001-46
4-4 Emergency Medical Care	1001-46
4-5 Ropes	1001-48
4-6 Salvage	1001-48
4-7 Fire Hose, Nozzles, and Appliances	1001-48
4-8 Fire Streams	1001-49

4-9 Ladders	1001-49
4-10 Ventilation	1001-50
4-11 Inspection	1001-50
4-12 Rescue	1001-50
4-13 Water Supplies	1001-51
4-14 Sprinklers	1001-52
4-15 Fire Alarm and Communications	1001-53
4-16 Portable Extinguishers	1001-53
4-17 Overhaul	1001-54
4-18 Fire Behavior	1001-54
Chapter 5 Fire Fighter III	1001-55
5-1 General	1001-55
5-2 Protective Breathing Apparatus	1001-55
5-3 Fire Hose, Nozzles, and Appliances	1001-55
5-4 Fire Streams	1001-55
5-5 Ladders	1001-56
5-6 Inspection	1001-56
5-7 Rescue	1001-57
5-8 Water Supplies	1001-57
5-9 Sprinklers	1001-58
5-10 Fire Alarm and Communications	1001-59
5-11 Safety	1001-59
5-12 Overhaul	1001-59
Appendix A	1001-60
Appendix B	1001-67

Standard for Fire Fighter Professional Qualifications

NFPA 1001-1981

NOTICE: An asterisk(*) following the number or letter designating a paragraph indicates explanatory material on that paragraph in Appendix A. Information on referenced publications can be found in Appendix B.

Chapter 1 Administration

1-1 Scope. This standard identifies the professional levels of competence required of fire department members. It specifically covers the requirements for entrance into the fire department, and the first three levels of progression thereafter.

1-2 Purpose. The purpose of this standard is to specify, in terms of performance objectives, the minimum requirements of professional competence required for service as a fire fighter. It is not the intent of this standard to restrict any jurisdiction from exceeding these minimum requirements. This standard shall cover the entrance requirements, and the requirements for the subsequent three levels of progression, i.e., Fire Fighter I, Fire Fighter II, and Fire Fighter III.

1-3 General.

1-3.1 All of the performance objectives for any level of fire fighter shall meet the following criteria: They shall be performed swiftly, safely, and with competence. Each objective shall be met in its entirety.

1-3.2 It is not required for the objectives to be mastered in the order they appear. The local or state training program shall establish the instructional priority and the training program content to prepare individuals to meet the performance objectives of this standard.

1-3.3 Performance of objectives for qualification covered by this standard shall be evaluated by three approved individuals from the fire service, one of whom may be from the state or regional fire service training agency.

1-3.4 When appointed to the fire department after fulfilling the entrance requirements of Chapter 2 of this standard, the individual may be called a fire fighter. The fire fighter shall meet all of the objectives for Fire Fighter I before being certified at that level, and before applying for qualification at the next higher level.

1-3.5 The Fire Fighter I shall meet all of the objectives for Fire Fighter II before being certified at that level, and before applying for qualification at the next higher level.

1-3.6 The Fire Fighter II shall meet all of the objectives for Fire Fighter III before being certified at that level, and before applying for qualification at the next higher level.

1-3.7 Wherever in this standard the terms "rules, regulations, procedures, supplies, apparatus and equipment" are referred to, it is implied that they are those of the authority having jurisdiction.

1-4 Definitions.

1-4.1* **Approved.** Acceptable to the authority having jurisdiction.

1-4.2* **Authority Having Jurisdiction.** The organization, office, or individual responsible for "approving" equipment, an installation, or a procedure.

1-4.3 Candidate. The person who has made application to become a fire fighter.

1-4.4 Define. To describe the basic qualities and principles.

1-4.5 Demonstrate. To show by actual use. This may be supplemented by, or, when actual use is not feasible, replaced by simulation, explanation, illustration, or a combination of these.

1-4.6 Fire Department. The agency that provides both fire suppression and fire prevention services to a state, county, municipality, or organized fire district.

1-4.7 Fire Fighter. The member of a fire department who has fulfilled the entrance requirements of Chapter 2 of this standard, but has not met the objectives for Fire Fighter I.

1-4.8 Fire Fighter I. The fire fighter, at the first level of progression in the fire department, who has demonstrated the knowledge of, and the ability to perform the objectives specified in this standard for that level, and who works under direct supervision.

1-4.9 Fire Fighter II. The fire fighter, at the second level of progression in the fire department, who has demonstrated the knowledge of, and the ability to perform the objectives specified in this standard for that level, and who works under minimum direct supervision.

1-4.10 Fire Fighter III. The fire fighter, at the third level of progression in the fire department, who has demonstrated the knowledge of, and the ability to perform the objectives specified in this standard, and who works under minimum supervision, but under orders.

1-4.11 Identify. To physically select, indicate, or explain verbally or in writing, using standard terms recognized by the fire service.

1-4.12 May. This term is used to state a permissive use or an alternative method to a specified requirement.

1-4.13 Objective. A goal that is achieved through the attainment of a skill, knowledge, or both, which can be observed or measured.

1-4.14 Qualified. Having satisfactorily completed the requirements of the objectives.

1-4.15 Safely. To perform the objective without injury to self or to others.

1-4.16 Shall. This term indicates a mandatory requirement.

1-4.17 Swiftly. The time, as determined by the authority having jurisdiction, that it takes an approved fire fighter to perform the objective satisfactorily.

1-4.18 Technique. The systematic procedure by which a task is accomplished.

1-4.19 With Competence. Possessing knowledge, skills, and judgment needed to perform indicated objective satisfactorily.

Chapter 2 Entrance Requirements

2-1* General.

2-1.1* The candidate shall have a high school diploma or a state recognized equivalent.

2-1.2* The candidate shall be at least 18 years of age.

2-1.3* The candidate shall pass the medical and physical fitness requirements included in Chapter 2.

2-1.4* There shall be a thorough investigation and evaluation of the candidate's character before the candidate is accepted into the fire department.

2-2 Medical Requirements for Fire Department Candidates. The candidate shall be rejected when the medical examination reveals any of the following conditions:

2-2.1 Abdominal Organs and Gastrointestinal System. The causes for rejection for appointment shall be:

(a) **CHOLECYSTECTOMY**, sequelae of, such as postoperative stricture of common bile duct, reforming of stones in hepatic or common bile ducts, or incisional hernia, or post-cholecystectomy syndrome when symptoms are so severe as to interfere with normal performance of duty.

(b) **CHOLECYSTITIS**, acute or chronic, with or without cholelithiasis, if diagnosis is confirmed by usual laboratory procedures or authentic medical records.

(c) **CIRRHOSIS**, with or without history of chronic alcoholism, regardless of the absence of manifestations such as jaundice, ascites or known esophageal varices, or abnormal liver function tests.

(d) **FISTULA, in ano.**

(e) **GASTRITIS**, Chronic hypertrophic, severe.

(f) **HEMORRHOIDS:**

1. External hemorrhoids producing marked symptoms.

2. Internal hemorrhoids, if large or accompanied with hemorrhage or protruding intermittently or constantly.

(g) HEPATITIS, within the preceding six months, or persistence of symptoms after a reasonable period of time with objective evidence of impairment of liver function.

(h) HERNIA:

1. Hernia, other than small asymptomatic umbilical or hiatal.
2. History of operation for hernia within the preceding 60 days.

(i) INTESTINAL OBSTRUCTION, or authenticated history of more than one episode, if either occurred during the preceding 5 years, or if resulting condition remains which produces significant symptoms or requires treatment.

(j) MEGACOLON, of more than minimal degree, DIVERTICULITIS, REGIONAL ENTERITIS, and ULCERATIVE COLITIS. IRRITABLE COLON of more than moderate degree.

(k) PANCREAS, acute or chronic disease of, if proven by laboratory tests, or authenticated medical records.

(l) RECTUM, stricture or prolapse of.

(m) RESECTION, GASTRIC OR BOWEL; OR GASTROENTEROSTOMY. However, minimal intestinal resection in infancy, or childhood (for example: for intussusception or pyloric stenosis) is acceptable if the individual has been asymptomatic since the resection and if surgical consultation (to include upper and lower gastrointestinal series) gives complete clearance.

(n) SCARS:

1. Scars, abdominal, regardless of cause, which show hernial bulging or which interfere with movements.

2. Scar pain associated with disturbance of function of abdominal wall or contained viscera.

(o) SINUSES of the abdominal wall.

(p) SPLENECTOMY, except when accomplished for the following:

1. Trauma.
2. Causes unrelated to diseases of the spleen.
3. Hereditary spherocytosis.
4. Disease involving the spleen when followed by correction of the condition for a period of at least two years.

(q) TUMORS (*see 2-2.17*).

(r) ULCER:

1. Ulcer of the stomach or duodenum, if diagnosis is confirmed by X-ray examination, or authenticated history thereof.

2. Authentic history of surgical operation(s) for gastric or duodenal ulcer.

(s) OTHER congenital or acquired abnormalities and defects which preclude satisfactory performance of fire duties or which require frequent and prolonged treatment.

2-2.2 Blood and Blood-Forming Tissue Diseases. The causes for rejection for appointment shall be:

(a) **ANEMIA:**

1. Blood loss anemia — until both condition and basic cause are corrected.
2. Deficiency anemia, not controlled by medication.
3. Abnormal destruction of RBC's: Hemolytic anemia.
4. Fault RBC construction: Hereditary hemolytic anemia, thalassemia and sickle-cell anemia.
5. Myelophthisic anemia: myelomatosis, leukemia, Hodgkin's disease.
6. Primary refractory anemia: Aplastic anemia, DiGuglielmo's syndrome.

(b) **HEMORRHAGIC STATES:**

1. Due to changes in coagulation system (hemophilia, etc.).
2. Due to platelet deficiency.
3. Due to vascular instability.

(c) **LEUKOPENIA**, chronic or recurrent, associated with increased susceptibility to infection.

(d) **MYELOPROLIFERATIVE DISEASE (OTHER THAN LEUKEMIA):**

1. Myelofibrosis.
2. Megakaryocytic myelosis.
3. Polycythemia vera.

(e) **SPLENOMEGLY**, until the cause is remedied.

(f) **THROMBOEMBOLIC** disease, except for acute nonrecurrent conditions.

2-2.3 Dental. The causes for rejection for appointment shall be:

(a) **DISEASES OF THE JAWS OR ASSOCIATED TISSUES**, which are not easily remediable and which will incapacitate the individual or prevent the satisfactory performance of duty.

(b) **MALOCCLUSION**, severe, which interferes with the mastication of a normal diet.

(c) **ORTHODONTIC APPLIANCES**, individuals with orthodontic appliances attached to the teeth are administratively unacceptable so long as active treatment is required. Individuals with retainer orthodontic appliances, who are not considered to require active treatment, are administratively acceptable.

(d) **ORAL TISSUES**, extensive loss in an amount that would prevent replacement of missing teeth with a satisfactory prosthetic appliance.

(e) Relationship between the mandible and maxilla of such a nature as to preclude future satisfactory prosthodontic replacement.

2-2.4 Ears and Hearing.

2-2.4.1 Ears. The causes for rejection for appointment shall be:

(a) **AUDITORY CANAL:**

1. Atresia or severe stenosis of the external auditory canal.
2. Tumors of the external auditory canal, except mild exostoses.
3. Severe external otitis, acute or chronic.

(b) **AURICLE:** Agenesis, severe; or severe traumatic deformity, unilateral or bilateral.

(c) **MASTOIDS:**

1. Mastoiditis, acute or chronic.
2. Residual or mastoid operation with marked external deformity which precludes or interferes with the wearing of a gas mask or helmet.
3. Mastoid fistula.

(d) **MENIERE'S SYNDROME.**

(e) **MIDDLE EAR:**

1. Acute or chronic suppurative otitis media. Individuals with a recent history of acute suppurative otitis media will not be accepted unless the condition is healed and a sufficient interval of time subsequent to treatment has elapsed to insure that the disease is in fact not chronic.

2. Adhesive otitis media associated with hearing level by audiometric test of 20 db or more average for the speech frequencies (500, 1000, or 2000 cycles per second) in either ear regardless of the hearing level in the other ear.

3. Acute or chronic serious otitis media.

4. Presence of attic perforation in which presence of cholesteatoma is suspected.

5. Repeated attacks of catarrhal otitis media; intact grayish, thickened drum(s).

(f) **TYMPANIC MEMBRANE:**

1. Any perforation of the tympanic membrane.

2. Severe scarring of the tympanic membrane associated with hearing level by audiometric test of 20 db or more average for the speech frequencies (500, 1000, and 2000 cycles per second) in either ear regardless of the hearing level in the other ear.

(g) **OTHER** diseases and defects of the ear which obviously preclude satisfactory performance of duty or which require frequent and prolonged treatment.

2-2.4.2 Hearing. The cause for rejection for appointment shall be:

HEARING ACUITY LOSS by audiometric test of 20 decibels or more for the speech frequencies (500-1000-2000 cycles) in either ear, or loss of speech reception of phonetically balanced words at or below 90 percent normal reception for either ear.

2-2.5 Endocrine and Metabolic Disorders. The causes for rejection for appointment shall be:

(a) **ADRENAL GLAND**, malfunction of, of any degree.

(b) **CRETINISM**.

(c) **DIABETES INSIPIDUS**.

(d) **DIABETES MELLITUS**.

(e) **GIGANTISM OR ACROMEGALY**.

(f) **GLYCOSURIA**, persistent, regardless of cause.

(g) **GOITER**:

1. Simple goiter with definite pressure symptoms or so large in size as to interfere with the wearing of a uniform or fire fighting equipment.

2. Thyrotoxicosis.

(h) **GOUT**.

(i) **HYPERINSULINISM**, confirmed, symptomatic.

(j) **HYPERPARATHYROIDISM** and **HYPOPARTHYROIDISM**.

(k) HYPOPITUITARISM, severe.

(l) MYXEDEMA, spontaneous or postoperative (with clinical manifestations and not based solely on low basal metabolic rate).

(m) NUTRITIONAL DEFICIENCY DISEASES (including sprue, beriberi, pellagra, and scurvy) which are more than mild and not readily remediable or in which permanent pathological changes have been established.

(n) OTHER ENDOCRINE OR METABOLIC DISORDERS which obviously preclude satisfactory performance of duty or which require frequent and prolonged treatment.

2-2.6 Extremities.

2-2.6.1 Upper Extremities.

2-2.6.1.1 Limitation of Motion. The causes for rejection for appointment shall be joint ranges of motion less than the measurements listed below:

(a) SHOULDER:

1. Forward elevation to 90 degrees.
2. Abduction to 90 degrees.

(b) ELBOW:

1. Flexion to 100 degrees.
2. Extension to 15 degrees.

(c) WRIST: A total range of 15 degrees (extension plus flexion).

(d) HAND: Pronation to the first quarter of the normal arc.

(e) FINGERS: Inability to clench fist, pick up a pin or needle, and grasp an object.

2-2.6.1.2 Hand and Fingers. The causes for rejection for appointment shall be:

(a) Absence (or loss) of more than $\frac{1}{3}$ of the distal phalanx of either thumb.

(b) Absence (or loss) of distal and middle phalanx of an index, middle or ring finger of either hand irrespective of the absence (or loss) of little finger.

(c) Absence of more than the distal phalanx of any two of the following fingers, index, middle finger or ring finger, of either hand.

(d) Absence of hand or any portion thereof except for fingers as noted above.

(e) HYPERACTYLIA.

(f) Scars and deformities of the fingers, hands, or both which impair circulation, are symptomatic, or which impair normal function to such a degree as to interfere with the satisfactory performance of fire duty.

2-2.6.1.3 Wrist, Forearm, Elbow, Arm, and Shoulder. The causes for rejection for appointment shall be:

Healed disease or injury of wrist, elbow, or shoulder with residual weakness or symptoms of such a degree as to preclude satisfactory performance of duty.

2-2.6.2 Lower Extremities (see also 2-2.6.3).

2-2.6.2.1 Limitation of Motion. The causes for rejection for appointment shall be joint ranges of motion less than the measurement listed below:

(a) HIP:

1. Flexion to 90 degrees.
2. Extension to 10 degrees (beyond 0).

(b) KNEE:

1. Full extension.
2. Flexion to 90 degrees.

(c) ANKLE:

1. Dorsiflexion to 10 degrees.
2. Plantar flexion to 10 degrees.

(d) TOES. Stiffness which interferes with walking, running, or jumping.

2-2.6.2.2 Foot and Ankle. The causes for rejection for appointment shall be:

(a) Absence of one or more small toes of one or both feet, if function of the foot is poor or running or jumping is precluded, or absence of foot or any portion thereof except for toes as noted herein.

(b) Absence (or loss) of great toe(s) or loss of dorsal flexion thereof if function of the foot is impaired.

(c) Claw toes precluding the wearing of service boots.

(d) Clubfoot.

(e) Flatfoot, pronounced cases, with decided eversion of the foot and marked bulging of the inner border, due to inward rotation of the astragalus, regardless of the presence or absence of symptoms.

- (f) Flatfoot, spastic.
- (g) Hallux valgus, if severe and associated with marked exostosis or bunion.
- (h) Hammer toe which interferes with the wearing of boots.
- (i) Healed disease, injury, or deformity including hyperdactylyia which precludes running, is accompanied by disabling pain, or which prohibits wearing of service boots.
- (j) Ingrowing toe nails, if severe, and not remediable.
- (k) Obliteration of the transverse arch associated with permanent flexion of the small toes.
- (l) Pes cavus, with contracted plantar fascia, dorsiflexed toes, tenderness under the metatarsal heads and callosity under the weight bearing areas.

2-2.6.2.3 Leg, Knee, Thigh, and Hip. The causes for rejection for appointment shall be:

- (a) Dislocated semilunar cartilage, loose or foreign bodies within the knee joint, or history of surgical correction of same if —
 1. Within the preceding six months.
 2. Six months or more have elapsed since operation without recurrence, and there is instability of the knee ligaments in lateral or anteroposterior directions in comparison with the normal knee or abnormalities noted on X-ray; significant atrophy or weakness of the thigh musculature in comparison with the normal side; unacceptable active motion in flexion and extension, or there are other symptoms of internal derangement.
- (b) Authentic history or physical findings of an unstable or internally deranged joint causing disabling pain or seriously limiting functions. Individuals with verified episodes of buckling or locking of the knee who have not undergone satisfactory surgical correction or, if subsequent to surgery, there is evidence of more than mild instability of the knee ligaments in lateral and anteroposterior directions in comparison with a normal knee weakness or atrophy of the thigh musculature in comparison with the normal side, or if the individual requires medical treatment of sufficient frequency to interfere with the performance of duty.

2-2.6.2.4 General. The causes for rejection for appointment shall be:

- (a) Deformities of one or both lower extremities which have interfered with function to such a degree as to prevent the individual

from following a physically active vocation in life or which would interfere with the satisfactory completion of prescribed training and performance of fire duty.

- (b) Diseases or deformities of the hip, knee, or ankle joint which interfere with walking, running, or weight bearing.
- (c) Pain in lower back or leg which is intractable and disabling to the degree of interfering with walking, running, and weight bearing.
- (d) Shortening of a lower extremity resulting in any limp of noticeable degree.

2-2.6.3 Miscellaneous (see also 2-2.6.1 and 2-2.6.2). The causes for rejection for appointment shall be:

- (a) **ARTHRITIS.**
 - 1. Active or subacute arthritis, including Marie-Strumpell type.
 - 2. Chronic osteoarthritis or traumatic arthritis of isolated joints of more than minimal degree, which has interfered with the following of a physically active vocation in civilian life or which precludes the satisfactory performance of duty.
 - 3. Documented clinical history of rheumatoid arthritis.
 - 4. Traumatic arthritis of a major joint of more than minimal degree.
- (b) **DISEASE OF ANY BONE OR JOINT**, healed, with such resulting deformity or rigidity that function is impaired to such a degree that it will interfere with fire service.
- (c) **DISLOCATION**, old unreduced; substantiated history of recurrent dislocations of major joints; instability of a major joint, symptomatic and more than mild; or if, subsequent to surgery, there is evidence of more than mild instability in comparison with the normal joint, weakness or atrophy in comparison with the normal side, or if the individual requires medical treatment of sufficient frequency to interfere with the performance of duty.
- (d) **FRACTURES.**
 - 1. Malunited fractures that interfere significantly with function.
 - 2. Ununited fractures.
 - 3. Any old or recent fracture in which a plate, pin, or screws were used for fixation and left in place and which may be subject to easy trauma, i.e., as a plated tibia, etc.

(e) INJURY OF A BONE OR JOINT within the preceding six weeks, without fracture or dislocation, of more than a minor nature.

(f) MUSCULAR PARALYSIS, contracture, or atrophy, if progressive or of sufficient degree to interfere with fire service.

(g) MYOTONIA CONGENITA. Confirmed.

(h) OSTEOMYELITIS, active or recurrent, of any bone or substantiated history of osteomyelitis or any of the long bones unless successfully treated 2 or more years previously without subsequent recurrence or disqualifying sequelae as demonstrated by both clinical and X-ray evidence.

(i) OSTEOPOROSIS.

(j) SCARS, extensive, deep, or adherent, of the skin and soft tissues or neuromas of an extremity which are painful, which interfere with muscular movements, which preclude the wearing or fire equipment, or that show a tendency to break down.

(k) CHONDROMALACIA, manifested by verified history of joint effusion, interference with function, or residuals from surgery.

2-2.7 Eyes and Vision.

2-2.7.1 Eyes.

2-2.7.1.1 Lids. The causes for rejection for appointment shall be:

(a) BLEPHARITIS, chronic more than mild. Cases of acute blepharitis will be rejected until cured.

(b) BLEPHAROSPASM.

(c) DACRYOCYSTITIS, acute or chronic.

(d) Destruction of lids, complete or extensive, sufficient to impair protection of the eye from exposure.

(e) Disfiguring cicatrices and adhesions of the eyelids to each other or to the eyeball.

(f) Growth or tumor of the eyelid other than small early basal cell tumors of the eyelid, which can be cured by treatment, and small nonprogressive asymptomatic benign lesions.

(g) LAGOPHTHALMOS.

(h) PTOSIS interfering with vision.

(i) TRICHIASIS, severe.

2-2.7.1.2 Conjunctiva. The causes for rejection for appointment shall be:

(a) CONJUNCTIVITIS, chronic, including vernal catarrh and trachoma. Individuals with acute conjunctivitis are unacceptable until the condition is cured.

(b) PTERYGIUM.

1. Pterygium recurring after three operative procedures.
2. Pterygium encroaching on the cornea in excess of three millimeters of interfering with vision.

2-2.7.1.3 Cornea. The causes for rejection for appointment shall be:

- (a) DYSTROPHY, corneal, of any type including keratoconus of any degree.
- (b) KERATITIS, acute or chronic.
- (c) ULCER, corneal; history of recurrent ulcers or corneal abrasions (including herpetic ulcers).
- (d) VASCULARIZATION or OPACIFICATION of the cornea from any cause which interferes with visual function or is progressive.

2-2.7.1.4 Uveal Tract. The cause for rejection for appointment shall be inflammation of the uveal tract except healed traumatic choroiditis.

2-2.7.1.5 Retina. The causes for rejection for appointment shall be:

- (a) ANGIOMATOSES, PHAKOMATOSES, RETINAL CYSTS, and other congenito-hereditary conditions that impair visual function.
- (b) DEGENERATIONS of the retina to include macular cysts, holes, and other degenerations (hereditary or acquired degenerative changes) and other conditions affecting the macula. All types of pigmentary degenerations (primary and secondary).
- (c) DETACHMENT of the retina or history of surgery for same.
- (d) INFLAMMATION of the retina (retinitis or other inflammatory conditions of the retina to include Coat's disease, diabetic retinopathy, Eales' disease, and retinitis proliferans).

2-2.7.1.6 Optic Nerve. The causes for rejection for appointment shall be:

- (a) CONGENITO-HEREDITARY conditions of the optic nerve or any other central-nervous-system pathology affecting the efficient function of the optic nerve.
- (b) OPTIC NEURITIS, NEURORETINITIS, or secondary optic atrophy resulting therefrom or document history of attacks of retrobulbar neuritis.

- (c) OPTIC ATROPHY (primary or secondary).
- (d) PAPILLEDEMA.

2-2.7.1.7 Lens. The causes for rejection for appointment shall be:

- (a) APHAKIA (unilateral or bilateral).
- (b) DISLOCATION, partial or complete of a lens.
- (c) OPACITIES of the lens which interfere with vision or which are considered to be progressive.

2-2.7.1.8 Ocular Mobility and Motility. The causes for rejection for appointment shall be:

- (a) DIPLOPIA, documented, constant or intermittent from any cause or of any degree interfering with visual function (i.e., may suppress).
- (b) DIPLOPIA, MONOCULAR, documented, interfering with visual function.
- (c) NYSTAGMUS, with both eyes fixing, congenital or acquired.
- (d) STRABISMUS of 40 prism diopters or more, uncorrectable by lenses to less than 40 diopters.
- (e) STRABISMUS of any degree accompanied by documented diplopia.
- (f) STRABISMUS, surgery for the correction of, within the preceding six months.

2-2.7.1.9 Miscellaneous Defects and Diseases. The causes for rejection for appointment shall be:

- (a) Abnormal conditions of the eye or visual fields due to diseases of the central nervous system.
- (b) Absence of an eye.
- (c) Asthenopia severe.
- (d) Exophthalmos, unilateral or bilateral.
- (e) Glaucoma, primary or secondary.
- (f) Hemianopsia of any type.
- (g) Loss of normal pupillary reflex reactions to light or accommodation to distance of Adies syndrome.
- (h) Loss of visual fields due to organic disease.
- (i) Night blindness associated with objective disease of the eye. Verified congenital night blindness.

- (j) Residuals of old contusions, lacerations, penetrations, etc., which impair visual function required for satisfactory performance of fire duty.
- (k) Retained intraocular foreign body.
- (l) Tumors [*see also 2-2.7.1.1(f)*].
- (m) Any organic disease of the eye or adnexa not specified above which threatens continuity of vision or impairment of visual function.

2-2.7.2 Vision. The cause for rejection for appointment shall be:

- (a) **COLOR VISION.** Failure to identify red, or green, or both.
- (b) **STANDARD VISUAL ACUITY.** Standard visual acuity without correction, less than 20/40 in one eye, and 20/100 in the other eye; and with correction, less than 20/20 in one eye, and 20/40 in the other eye.
- (c) **NEAR VISUAL ACUITY.** Near vision acuity with correction, less than J6.
- (d) **REFRACTIVE ERROR.** Refractive error above 8 diopters spherical equivalent, either plus or minus.
- (e) **CORRECTIVE DEVICES.** Complicated impairments requiring contact lens for adequate correction of vision, such as keratoconus, corneal scars, irregular astigmatism; or the comfortable wearing of ordinary glasses (spectacles) without prismatic displacement, ghost images, or similar symptoms.

2-2.8 Genitourinary System.

2-2.8.1 Genitalia. The causes for rejection for appointment shall be:

- (a) **BARTHOLINITIS,** Bartholin's cyst.
- (b) **CERVICITIS,** acute or chronic manifested by leukorrhea.
- (c) **DYSMENORRHEA,** incapacitating to a degree which necessitates recurrent absences of more than a few hours from routine activities.
- (d) **ENDOMETRIOSIS,** or confirmed history thereof.
- (e) **HERMAPHRODITISM.**
- (f) **MENOPAUSAL SYNDROME,** either physiologic or artificial, if manifested by more than mild constitutional or mental symptoms, or artificial menopause if less than 13 months have elapsed since cessation of menses. In all cases of artificial menopause, the clinical diagnosis will be reported; if accomplished by surgery, the pathologic report will be obtained and recorded.

(g) MENSTRUAL CYCLE, irregularities of, including menorrhagia, if excessive; metrorrhagia; polymenorrhea; amenorrhea except as noted in (f) above.

(h) NEW GROWTHS OF THE INTERNAL OR EXTERNAL GENITALIA except single uterine fibroid, subserous, asymptomatic, less than 3 centimeters in diameter, with no general enlargement of the uterus (*see also 2-2.17*).

(i) OOPHORITIS, acute or chronic.

(j) OVARIAN CYSTS, persistent and considered to be of clinical significance.

(k) PREGNANCY.

(l) SALPINGITIS, acute or chronic.

(m) TESTICLE(s), undiagnosed enlargement or mass of testicle or epididymis.

(n) URETHRITIS, acute or chronic, other than gonorrhreal urethritis without complications.

(o) UTERUS.

1. Cervical polyps, cervical ulcer, or marked erosion.
2. Endocervicitis, more than mild.
3. Generalized enlargement of the uterus due to any cause.
4. Malposition of the uterus if more than mildly symptomatic.

(p) VAGINA.

1. Congenital abnormalities or severe lacerations of the vagina.
2. Vaginitis, acute or chronic, manifested by leukorrhea.

(q) VARICOCELE OR HYDROCELE, if large or painful.

(r) VULVA.

1. Leukoplakia.
2. Vulvitis, acute or chronic.

(s) Major abnormalities and defects of the genitalia such as a change of sex, a history thereof, or complications (adhesions, disfiguring scars, etc.) residual to surgical correction of these conditions.

2-2.8.2 Urinary System (*see also 2-2.5 and 2-2.17*). The causes for rejection for appointment shall be:

(a) ALBUMINURIA, if persistent or recurrent, including so called orthostatic or functional albuminuria.

- (b) CYSTITIS, Chronic. Individuals with acute cystitis are unacceptable until the condition is cured.
- (c) ENURESIS determined to be a symptom of an organic defect not amenable to treatment.
- (d) EPISPADIAS OR HYPOSPADIAS when accompanied by evidence of infection of the urinary tract or if clothing is soiled with voiding.
- (e) HEMATURIA, CYLINDRURIA, or other findings indicative of renal tract disease.
- (f) INCONTINENCE of urine.
- (g) KIDNEY.
 - 1. Acute or chronic infections of the kidney.
 - 2. Cystic or polycystic kidney, confirmed history of.
 - 3. Hydronephrosis or pyonephrosis.
 - 4. Nephritis, acute or chronic.
 - 5. Pyelitis, pyelonephritis.
- (h) PROSTATE GLAND, hypertrophy of, with urinary retention.
- (i) RENAL CALCULUS.
 - 1. Substantiated history of bilateral renal calculus at any time.
 - 2. Verified history of renal calculus at any time with evidence of stone formation within the preceding 12 months, current symptoms or positive X-ray for calculus.
- (j) SKENEITIS.
- (k) URETHRA.
 - 1. Stricture of the urethra.
 - 2. Urethritis, acute or chronic, other than gonorrhreal urethritis without complications.
- (l) URINARY FISTULA.
- (m) OTHER DISEASES AND DEFECTS OF THE URINARY SYSTEM which obviously preclude satisfactory performance of duty or which require frequent and prolonged treatment.

2-2.9 Head and Neck.

2-2.9.1 Head. The causes for rejection for appointment shall be:

- (a) ABNORMALITIES which are apparently temporary in character resulting from recent injuries until a period of 3 months has elapsed. These include severe contusions and other wounds of the scalp, and cerebral concussion.

(b) DEFORMITIES OF THE SKULL in the nature of depressions, exostoses, etc., of a degree which would prevent the individual from wearing protective breathing apparatus, or fire headgear.

(c) DEFORMITIES OF THE SKULL OF ANY DEGREE associated with evidence of disease of the brain, spinal cord, or peripheral nerves.

(d) LOSS OR CONGENITAL ABSENCE of the bony substance of the skull except that the examiner may find individuals acceptable when —

1. The area does not exceed 2.5 centimeters square, and does not overlie the motor cortex or a dural sinus.

2. There is no evidence of alteration of brain function in any of its several spheres (intelligence, judgment, perception, behavior, motor control, sensory function, etc.)

3. There is no evidence of bone degeneration, disease, or other complications of such a defect.

2-2.9.2 Neck. The causes for rejection for appointment shall be:

(a) CERVICAL RIBS if symptomatic, or so obvious that they are found on routine physical examination. (Detection based primarily on X-ray is not considered to meet this criterian.)

(b) CONGENITAL CYSTS of branchial cleft origin or those developing from the remnants of the thyroglossal duct, with or without fistulous tracts.

(c) FISTULA, chronic draining, of any type.

(d) HEALED TUBERCULOSIS LYMPH NODES when extensive in number or densely calcified.

(e) NONSPASTIC CONTRACTION of the muscles of the neck or cicatricial contracture of the neck to the extent that it interferes with the wearing of a uniform or fire equipment.

(f) SPASTIC CONTRACTION of the muscles of the neck, persistent, and chronic.

(g) TUMOR OF THYROID OR OTHER STRUCTURES OF THE NECK (*see also 2-2.17*).

2-2.10 Heart and Vascular System.

2-2.10.1 Heart. The causes for rejection for appointment shall be:

(a) ALL ORGANIC VALVULAR DISEASES OF THE HEART, including those improved by surgical procedures.

(b) CORONARY ARTERY DISEASE OR MYOCARDIAL INFARCTION, old or recent or true angina pectoris, at any time.

(c) ELECTROCARDIOGRAPHIC EVIDENCE of major arrhythmias such as:

1. Atrial tachycardia, flutter, or fibrillation; ventricular tachycardia or fibrillation.
2. Conduction defects such as first degree atrioventricular block and right bundle branch block. (These conditions occurring as isolated findings are not unfitting when cardiac evaluation reveals no cardiac disease.)
3. Left bundle branch block, 2d and 3d degree A-V block.
4. Unequivocal electrocardiographic evidence of old or recent myocardial infarction; coronary insufficiency at rest or after stress; or evidence of heart muscle disease.

(d) HYPERTROPHY OR DILATATION of the heart as evidenced by clinical examination or roentgenographic examination and supported by electrocardiographic examination. Care should be taken to distinguish abnormal enlargement from increased diastolic filling as seen in the well conditioned subject with a sinus bradycardia.

(e) MYOCARDIAL INSUFFICIENCY (congestive circulatory failure, cardiac decompensation) obvious or covert, regardless of cause.

(f) PAROXYSMAL TACHYCARDIA within the preceding five years, or at any time if recurrent or disabling or if associated with electrocardiographic evidence of accelerated A-V conduction (Wolff-Parkinson-White).

(g) PERICARDITIS; ENDOCARDITIS; OR MYOCARDITIS history or finding of, except for a history of a single acute idiopathic or coxsackie pericarditis with no residuals.

(h) TACHYCARDIA persistent with a resting pulse rate of 100 or more, regardless of cause.

2-2.10.2 Vascular System. The causes for rejection for appointment shall be:

(a) CONGENITAL OR ACQUIRED LESIONS OF THE AORTA AND MAJOR VESSELS, such as syphilitic aortitis, demonstrable atherosclerosis which interferes with circulation, congenital or acquired dilatation of the aorta (especially if associated with other features of Marfan's syndrome), and pronounced dilatation of the main pulmonary artery.

(b) HYPERTENSION evidenced by preponderant blood pressure readings of 150-mm or more systolic in an individual over 35 years of age or preponderant readings of 140-mm or more systolic in an individual 35 years of age or less. Preponderant diastolic pressure over 90-mm diastolic is cause for rejection at any age.

(c) MARKED CIRCULATORY INSTABILITY as indicated by orthostatic hypotension, persistent tachycardia, severe peripheral vasomotor disturbances and sympatheticotonia.

(d) Peripheral vascular disease including Raynaud's phenomena, Buerger's disease (thromboangiitis obliterans), erythromelalgia, arteriosclerotic and diabetic vascular disease. Special tests will be employed in doubtful cases.

(e) THROMBOPHLEBITIS.

1. History of thrombophlebitis with persistent thrombus or evidence of circulatory obstruction or deep venous incompetence in the involved veins.

2. Recurrent thrombophlebitis.

(f) VARICOSE VEINS, if more than mild, or if associated with edema, skin ulceration, or residual scars from ulceration.

2-2.10.3 Miscellaneous. The causes for rejection for appointment shall be:

(a) ANEURYSM OF THE HEART OR MAJOR VESSEL, congenital or acquired.

(b) HISTORY AND EVIDENCE OF A CONGENITAL ABNORMALITY has been treated by surgery but with residual abnormalities or complications, for example: patent ductus arteriosus with residual cardiac enlargement or pulmonary hypertension; resection of a coarctation of the aorta without a graft when there are other cardiac abnormalities or complications; closure of a secundum type atrial septal defect when there are residual abnormalities or complications.

(c) MAJOR CONGENITAL ABNORMALITIES AND DEFECTS OF THE HEART AND VESSELS unless satisfactorily corrected without residuals or complications. Uncomplicated dextrocardia and other minor asymptomatic anomalies are acceptable.

(d) SUBSTANTIATED HISTORY OF RHEUMATIC FEVER OR CHOREA within the previous two years, recurrent attacks of rheumatic fever or chorea at any time, or with evidence of residual cardiac damage.

2-2.11 Lungs and Chest Wall.

2-2.11.1 General. Until re-examination indicates complete recovery without disqualifying sequelae, the causes for rejection for appointment shall be:

- (a) ABNORMAL ELEVATION OF THE DIAPHRAGM on either side.
- (b) ACUTE ABSCESS of the lung.
- (c) ACUTE BRONCHITIS.
- (d) ACUTE FIBRINOUS PLEURISY, associated with acute non-tuberculous pulmonary infection.
- (e) ACUTE MYCOTIC DISEASE of the lung such as coccidioidomycosis and histoplasmosis.
- (f) ACUTE NONTUBERCULOUS PNEUMONIA.
- (g) FOREIGN BODY IN TRACHEA OF BRONCHUS.
- (h) FOREIGN BODY OF THE CHEST WALL causing symptoms.
- (i) LOBECTOMY, history of, for a nontuberculous nonmalignant lesion with residual pulmonary disease. Removal of more than one lobe is cause for rejection regardless of the absence of residuals.
- (j) OTHER TRAUMATIC LESIONS of the chest or its contents/with residual physiologic abnormalities.
- (k) PNEUMOTHORAX, regardless of etiology or history thereof.
- (l) RECENT FRACTURE of ribs, sternum, clavicle, or scapula.
- (m) SIGNIFICANT ABNORMAL FINDINGS on physical examination of the chest.

2-2.11.2 Tuberculous Lesion (*see also 2-2.16.1*). The causes for rejection for appointment shall be:

- (a) ACTIVE TUBERCULOSIS in any form or location.
- (b) PULMONARY TUBERCULOSIS, active within the past five years.
- (c) SUBSTANTIATED HISTORY OR X-RAY FINDINGS of pulmonary tuberculosis of more than minimal extent at any time; or minimal tuberculosis not treated with a full year of approved chemotherapy or combined chemotherapy and surgery; or a history of pulmonary tuberculosis with reactivation, relapse, or other evidence of poor host resistance.

2-2.11.3 Nontuberculous Lesions. The causes for rejection for appointment shall be:

- (a) ACUTE MASTITIS, chronic cystic mastitis, if more than mild.
- (b) BRONCHIAL ASTHMA, except for childhood asthma with a trustworthy history of freedom from symptoms since the 12th birthday.
- (c) BRONCHITIS, chronic with evidence of pulmonary function disturbance.
- (d) BRONCHIECTASIS.
- (e) BRONCHOPLEURA FISTUAL.
- (f) CHRONIC ABSCESS OF LUNG.
- (g) CHRONIC FIBROUS PLEURITIS of sufficient extent to interfere with pulmonary function or obscure the lung field in the roentgenogram.
- (h) CHRONIC MYCOTIC DISEASES of the lung including coccidioidomycosis; residual cavitation or more than a few small sized inactive and stable residual nodules demonstrated to be due to mycotic disease.
- (i) EMPYEMA, residual sacculation or unhealed sinuses of chest wall following operation for empyema.
- (j) EXTENSIVE PULMONARY FIBROSIS from any cause, producing dyspnea on exertion.
- (k) FOREIGN BODY OF THE LUNG OR MEDIASTINUM causing symptoms or active inflammatory reaction.
- (l) MULTIPLE CYSTIC DISEASE of the lung or solitary cyst which is large and incapacitating.
- (m) NEW GROWTH ON BREAST, HISTORY OF MASTECTOMY.
- (n) OSTEOMYELITIS of rib, sternum, clavicle, scapula, or vertebra.
- (o) PLEURISY with effusion of unknown origin within the preceding five years.
- (p) SARCOIDOSIS (*see also 2-2.16.1*).
- (q) SUPPURATIVE PERIOSTITIS of rib, sternum, clavicle scapula, or vertebra.

2-2.12 Mouth, Nose, Pharynx, Trachea, Esophagus and Larynx.

2-2.12.1 Mouth. The causes for rejection for appointment shall be:

- (a) HARD PALATE, perforation of.
- (b) HARELIP, unless satisfactorily repaired by surgery.
- (c) LEUKOPLAXIA, if severe.
- (d) RANULA, if extensive (*for other tumors see 2-2.17*).

2-2.12.2 Nose. The causes for rejection for appointment shall be:

- (a) ALLERGIC MANIFESTATIONS.
 - 1. Chronic atrophic rhinitis.
 - 2. Hay fever if severe; or if not controllable by antihistamines or by desensitization, or both.
- (b) CHOANA, ATRESIA, OR STENOSIS of, if symptomatic.
- (c) NASAL SEPTUM, perforation of:
 - 1. Associated with interference of function, ulceration or crusting, and when the result of organic disease.
 - 2. If progressive.
 - 3. If respiration is accompanied by a whistling sound.
- (d) SINUSITIS, acute.
- (e) SINUSITIS, chronic, when more than mild:
 - 1. Evidenced by any of the following: Chronic purulent nasal discharge, large nasal polyps, hyperplastic changes of the nasal tissues or symptoms requiring frequent medical attention.
 - 2. Confirmed by transillumination or X-ray examination or both.

2-2.12.3 Pharynx, Trachea, Esgphagus, and Larynx. The causes for rejection for appointment shall be:

- (a) ESOPHAGUS, organic disease of, such as ulceration, varices, achalasia — if confirmed by appropriate X-ray or esophagoscopic examinations.
- (b) LARYNGEAL PARALYSIS, sensory or motor, due to any cause.
- (c) LARYNX, organic disease of, such as neoplasm, polyps, granuloma, ulceration, and chronic laryngitis.
- (d) PLICA OYSPHONIA VENTRICULARIS.
- (e) TRACHEOSTOMY or TRACHEAL FISTULA.

2-2.12.4 Other Defects and Diseases. The causes for rejection for appointment shall be:

- (a) APHONIA.

(b) DEFORMITIES OR CONDITIONS OF THE MOUTH, THROAT, PHARYNX, LARYNX, ESOPHAGUS, AND NOSE which interfere with mastication and swallowing of ordinary food, with speech, or with breathing.

(c) DESTRUCTIVE SYPHILITIC DISEASE OF THE MOUTH NOSE THROAT, LARYNX, OR ESOPHAGUS (*see also 2-2.18*).

(d) PHARYNGITIS AND NASOPHARYNGITIS, chronic, with positive history and objective evidence, if of such a degree as to result in excessive time lost in the fire environment.

2-2.13 Neurological Disorders.

2-2.13.1 Degenerative Disorders. The causes for rejection for appointment shall be:

(a) CEREBELLAR and FRIEDREICH'S ATAXIA.

(b) CEREBRAL ARTERIOSCLEROSIS SYMPTOMATIC.

(c) ENCEPHALOMYELITIS, residuals of, which preclude the satisfactory performance of fire duties.

(d) HUNTINGTON'S CHOREA.

(e) MULTIPLE SCLEROSIS.

(f) MUSCULAR ATROPHIES and dystrophies of any type.

2-2.13.2 Miscellaneous. The causes for rejection for appointment shall be:

(a) Congenital malformations if associated with neurological manifestations and meningocele, even if uncomplicated.

(b) Migraine when frequent and incapacitating.

(c) Paralysis or weakness, deformity, coordination, pain, disturbances of consciousness, disturbances of sensation, or personality abnormalities regardless of cause, which are of such a nature or degree as to preclude the satisfactory performance of fire duties.

(d) Tremors, spasmodic torticollis, athetosis or other abnormal movements more than mild.

2-2.13.3 Neurosyphilis. The causes for rejection for appointment shall be:

Any form of neurosyphilis (general paresis, tabes dorsalis, meningovascular syphilis).

2-2.13.4 Paroxysmal Convulsive Disorders. The causes for rejection for appointment shall be:

Disturbances of consciousness, all forms of psychomotor, focal, petit mal, or grand mal epilepsy or history thereof except for seizures associated with toxic states or fever during childhood up to the age of 12.

2-2.13.5 Peripheral Nerve Disorder. The causes for rejection for appointment shall be:

(a) POLYNEURITIS.

(b) MONONEURITIS or neuralgia which is chronic or recurrent and of an intensity that is periodically incapacitating.

(c) NEUROFIBROMATOSIS.

2-2.13.6 Spontaneous Subarchnoid Hemorrhage. The cause for rejection for appointment shall be: Verified history of, unless cause has been surgically corrected.

2-2.14 Skin and Cellular Tissues. The causes for rejection for appointment shall be:

(a) ACNE. Severe, when the face is markedly disfigured, or when extensive involvement of the neck, shoulders, chest, or back would be aggravated by or interfere with the wearing of fire equipment.

(b) ATOPIC DERMATITIS, with active or residual lesions in characteristic areas (face and neck, antecubital and popliteal fossae, occasionally wrists and hands), or documented history thereof.

(c) CYSTS.

1. Cysts, other than pilonidal. Of such a size or location as to interfere with the normal wearing of fire fighting equipment.

2. Cysts, pilonidal. Pilonidal cysts, if evidenced by the presence of a tumor mass or a discharging sinus.

(d) DERMATITIS FACTITIA.

(e) DERMATITIS HERPETIFORMIS.

(f) ECZEMA. Any type which is chronic and resistant to treatment.

(g) ELEPHANTIASIS OR CHRONIC LYMPHEDEMA

(h) EPIDERMOLYSIS BULLOSA; PEMPHIGUS.

(i) FUNGUS INFECTIONS, systemic or superficial types: If extensive and not amenable to treatment.

- (j) FURUNCULOSIS. Extensive, recurrent, or chronic.
- (k) HYPERHIDROSIS of hands or feet: chronic or severe.
- (l) ICHTHYOSIS. Severe.
- (m) LEPROSY. Any type.
- (n) LEUKEMIA CUTIS; MYCOSIS FUNGOIDES; HODGKIN'S DISEASE.
- (o) LICHEN PLANUS.
- (p) LUPUS ERYTHEMATOSUS (acute, subacute, or chronic) or any other dermatosis aggravated by sunlight.
- (q) NEUROFIBROMATOSIS (Von Recklinghausen's disease).
- (r) NEVI OR VASCULAR TUMORS: If extensive, unsightly, or exposed to constant irritation.
- (s) PSORIASIS or a verified history thereof.
- (t) RADIODERMATITIS.
- (u) SCARS which are so extensive, deep, or adherent that they may interfere with the wearing of fire equipment, or that show a tendency to ulcerate.
- (v) SCLERODERMA. Diffuse type.
- (w) TUBERCULOSIS (*see also 2-2.16.1*).
- (x) URTICARIA. Chronic.
- (y) WARTS, PLANTAR, which have materially interfered with the following of a physically active vocation.
- (z) XANTHOMA. If disabling or accompanied by hypercholesterolemia or hyperlipemia.
- (aa) ANY OTHER CHRONIC SKIN DISORDER of a degree or nature which requires frequent outpatient treatment or hospitalization, or interferes with the satisfactory performance of duty.

2-2.15 Spine, Scaplae, Ribs, and Sacroiliac Joints.

2-2.15.1 Spine and Sacroiliac Joints (*see also 2-2.6*). The causes for rejection for appointment shall be:

- (a) ARTHRITIS [*see also 2-2.6.3(a)*].
- (b) COMPLAINT OF DISEASE OR INJURY OF THE SPINE OR SACROILIAC JOINTS, either with or without objective signs or symptoms which have prevented the individual from successfully following a physically active vocation. Substantiation or documentation of the complaint without symptoms and objective signs is required.

(c) DEVIATION OR CURVATURE of spine from normal alignment, structure, or function (scoliosis, kyphosis, or lordosis spina bifida occulta, spondylolysis, etc.) if —

1. Mobility and weight-bearing power is poor.
2. More than moderate restriction of normal physical activities is required.
3. Of a degree which will interfere with the wearing of fire equipment.
4. Symptomatic, associated with positive physical finding(s) demonstrable by X-ray.

(d) DISEASES OF THE LUMBOSACRAL OR SACROILIAC JOINTS of a chronic type and obviously associated with pain referred to the lower extremities, muscular spasm, postural deformities and limitation of motion in the lumbar region of the spine.

(e) GRANULOMATOUS DISEASES, either active or healed.

(f) HEALED FRACTURE OF THE SPINE OR PELVIC BONES with associated symptoms which have prevented the individual from following a physically active vocation, or which preclude the satisfactory performance of fire fighting duties.

(g) RUPTURED NUCLEUS PULPOSUS (herniation of intervertebral disk) or history of operation for this condition.

(h) SPONDYLOLYSIS OR SPONDYLOLISTHESIS that is symptomatic or is likely to interfere with performance of duty is likely to require assignment limitations.

2-2.15.2 Scapulae, Clavicles, and Ribs (*see also 2-2.6.3*). The causes for rejection for appointment shall be:

(a) FRACTURES, until well healed, and until determined that the residuals thereof will not preclude the satisfactory performance of fire fighting duties.

(b) INJURY WITHIN THE PRECEDING six weeks, without fracture, or dislocation, of more than a minor nature.

(c) OSTEOMYELITIS of rib, sternum, clavicle, scapula, or vertebra.

(d) Prominent scapulae interfering with function or with the wearing of fire equipment.

2-2.16 Systemic Diseases and Miscellaneous Conditions and Defects.

2-2.16.1 Systemic Diseases. The causes for rejection for appointment shall be:

- (a) DERMATOMYOSITIS.
- (b) LUPUS ERYTHEMATOSUS: acute, subacute, or chronic.
- (c) PROGRESSIVE SYSTEMIC SCLEROSIS.
- (d) REITER'S DISEASE.
- (e) SARCOIDOSIS.
- (f) SCLERODERMA, diffuse type.
- (g) TUBERCULOSIS:
 - 1. Active tuberculosis in any form or location.
 - 2. Pulmonary tuberculosis.
 - 3. Confirmed history of tuberculosis of a bone or joint, genitourinary organs, intestines, peritoneum or mesenteric glands at any time.
 - 4. Meningeal tuberculosis; disseminated tuberculosis.

2-2.16.2 General and Miscellaneous Conditions and Defects.

The causes for rejection for appointment shall be:

- (a) ALLERGIC MANIFESTATIONS.
 - 1. Allergic rhinitis (hay fever) (*see also 2-2.12.2*).
 - 2. Asthma (*see also 2-2.13*).
 - 3. Allergic dermatoses (*see also 2-2.14*).
 - 4. Visceral, abdominal, and cerebral allergy, if severe or not responsive to treatment.
- (b) ANY ACUTE PATHOLOGICAL CONDITION, including acute communicable diseases, until recovery has occurred without sequelae.
- (c) ANY DEFORMITY WHICH IMPAIRS GENERAL FUNCTIONAL ABILITY to such an extent as to prevent satisfactory performance of duty.
- (d) CHRONIC METALLIC POISONING, especially beryllium, manganese, and mercury. Undesirable residuals from lead, arsenic, or silver poisoning make the examinee medically unacceptable.
- (e) COLD INJURY, residuals of (example: frostbite, chilblain, immersion foot, or trench foot) such as deep seated ache, paresthesia, hyperhidrosis, easily traumatized skin, cyanosis, amputation of any digit, or ankylosis.

(f) **POSITIVE TESTS FOR SYPHILIS** with negative TPI test unless there is a documented history of adequately treated lues or any of the several conditions which are known to give a false-positive S.T.S. (vaccinia, infectious hepatitis, immunizations, a typical pneumonia, etc.) or unless there has been a reversal to a negative S.T.S. during an appropriate followup period (3 to 6 months).

(g) **FILARIASIS; TRYPANOSOMIASIS; AMEBIASIS; SCHISTOSOMIASIS;** uncinariasis (hookworm) associated with anemia, malnutrition etc., if more than mild; and other similar worm or animal parasitic infestations, including the carrier states thereof.

(h) **HEAT PYREXIA** (heatstroke, sunstroke, etc.): Documented evidence of predisposition (includes disorders of sweat mechanism and previous serious episode), recurrent episodes requiring medical attention, or residual injury resulting therefrom (especially cardiac, cerebral, hepatic, and renal).

(i) **INDUSTRIAL SOLVENT** and other chemical intoxication, chronic, including carbon bisulfide, trichlorethylene, carbon tetrachloride, and methyl cellosolve.

(j) **MYCOTIC INFECTION** of internal organs.

(k) **MYOSITIS OR FIBROSITIS**, severe, chronic.

(l) **RESIDUALS OF TROPICAL FEVERS** and various parasitic or protozoal infestations which in the opinion of the medical examiner preclude the satisfactory performance of duty.

2-2.17 Tumors and Malignant Diseases.

2-2.17.1 Benign Tumors. The causes for rejection for appointment shall be:

(a) **ANY TUMOR OF THE —**

1. Auditory canal, if obstructive.
2. Eye or orbit.
3. Kidney, bladder, testicle, or penis.

4. Central nervous system and its membranous coverings unless five years after surgery and no otherwise disqualifying residuals of surgery of original lesion.

(b) **BENIGN TUMORS OF THE ABDOMINAL WALL** if sufficiently large to interfere with fire duty.

(c) **BENIGN TUMORS OF BONE** likely to continue to enlarge, be subjected to trauma during service, or show malignant potential.

(d) BENIGN TUMORS OF THE THYROID or other structures of the neck, including enlarged lymph nodes, if the enlargement is of such degree as to interfere with the wearing of fire equipment.

(e) TONGUE, BENIGN TUMOR OF, if it interferes with function.

(f) BREAST, THORACIC CONTENTS, OR CHEST WALL, tumors of, other than fibromata lipomata, and inclusion of sebaceous cysts which do not interfere with fire fighting duties.

(g) FOR TUMORS OF THE INTERNAL OR EXTERNAL FEMALE GENITALIA.

2-2.17.2 Malignant Disease and Tumors. The causes for rejection for appointment shall be:

(a) LEUKEMIA, acute or chronic.

(b) MALIGNANT LYMPHOMATA.

(c) MALIGNANT TUMOR OF ANY KIND, at any time, substantiated diagnosis of, even though surgically removed, confirmed by accepted laboratory procedures, except as noted in 2-2.7.1.1 (f).

2-2.18 Venereal Diseases. In general, the finding of acute, uncomplicated venereal disease which can be expected to respond to treatment is not a cause for medical rejection for fire service. The causes for rejection for appointment shall be:

(a) CHRONIC VENEREAL DISEASE which has not satisfactorily responded to treatment. The finding of a positive serologic test for syphilis following adequate treatment of syphilis is not in itself considered evidence of chronic venereal disease which has not responded to treatment [*see also 2-2.16.2(f)*].

(b) COMPLICATIONS AND PERMANENT RESIDUALS of venereal disease if progressive, of such nature as to interfere with the satisfactory performance of duty, or if subject to aggravation by fire fighting duties.

(c) NEUROSYPHILIS (*see also 2-2.13.3*).

2-3* Minimum Physical Fitness Requirements.

2-3.1* The candidate, after successfully completing the medical examination and with written authorization of the examining physician, shall complete one of the following:

(a) Run 1½ miles within 13 minutes.

- (b) Walk 3 miles within 38 minutes.
- (c) Bicycle 4 miles within 12 minutes.
- (d) Swim 500 yards within 8 minutes and 20 seconds.
- (e) Run in place 75 steps per minute for 15 minutes.
- (f) Run on motorized horizontal treadmill at 10 miles per hour for 6 minutes.
- (g) Climb stairs consisting of 10 steps at 9 round trips per minute for 9 minutes.

2-3.2* The candidate will perform 35 bent-knee sit-ups within 2 minutes.

2-3.3* The candidate shall complete one of the following:

- (a) Flexed Arm Hang—Minimum Time: 8 Seconds (Palms Away)
- (b) Pull Ups—Minimum: 7 (Palms Away)
- (c) Push Ups (Standard)—Minimum: 25

2-3.4* The candidate, given a beam secured to a level floor and measuring 20 ft long by 3 to 4 in. wide, and given a length of fire hose weighing at least 20 lb, shall walk the length of the beam, carrying the length of hose, without falling off, or stepping off the beam.

2-3.5* The candidate, given a weight of 125 lb, shall lift the weight from the floor and carry the weight 100 ft without stopping.

2-3.6* The candidate, starting from an erect position with feet apart, the distance closely approximating shoulder width, shall move a 15 lb-weight in the following manner: bend over, grasp the weight with both hands while it is at a point on the floor between the feet, and lift weight to waist level, then place the weight on the floor approximately 12 in. outside the left foot, and without letting go, raise the weight to waist level and touch it to the floor about 12 in. outside the right foot. The weight shall then be moved alternately in this fashion from left foot, to waist level, to right; right to waist level to left until it has been moved 7 times in each direction with the total horizontal distance of travel being at least 24 in. more than the space between the feet for each of the 14 moves. This shall be done in less than 35 seconds.

Chapter 3 Fire Fighter I

3-1 General.

3-1.1* The fire fighter shall identify the organization of the fire department.

3-1.2 The fire fighter shall identify the size of the fire department, the scope of its operation, and the standard operational procedures.

3-1.3 The fire fighter shall identify the fire department rules and regulations that apply to the position of fire fighter.

3-2 Forcible Entry.

3-2.1* The fire fighter shall identify and demonstrate the use of each type of manual forcible entry tool.

3-2.2 The fire fighter shall identify the method and procedure of properly cleaning, maintaining, and inspecting each type of forcible entry tool and equipment.

3-3 Protective Breathing Apparatus.

3-3.1 The fire fighter shall identify at least four hazardous respiratory environments encountered in fire fighting.

3-3.2* The fire fighter shall demonstrate the use of all types of protective breathing apparatus in a dense smoke environment.

3-3.3 The fire fighter shall identify the physical requirements of the wearer, the limitations of the protective breathing apparatus, and the safety features of all types of protective breathing apparatus.

3-3.4* The fire fighter shall demonstrate donning breathing apparatus while wearing protective clothing.

3-3.5 The fire fighter shall demonstrate that the protective breathing apparatus is in a safe condition for immediate use.

3-3.6 The fire fighter shall identify the procedure for cleaning and sanitizing protective breathing apparatus for future use.

3-4 Emergency Medical Care.

3-4.1* The fire fighter shall identify a primary survey for life-threatening injuries.

3-4.2* The fire fighter shall identify procedures for determining whether or not a victim has an open airway.

3-4.3 The fire fighter shall identify procedures for establishing an open airway in a nonbreathing person.

3-4.4* The fire fighter shall demonstrate mouth-to-mouth and mouth-to-nose resuscitation.

3-4.5* The fire fighter shall demonstrate oronasal ventilation.

3-4.6 The fire fighter shall identify the three signs of cardiac arrest.

3-4.7* The fire fighter shall demonstrate cardiopulmonary resuscitation.

3-4.8 The fire fighter shall identify three types of external bleeding, and the characteristics of each type.

3-4.9 The fire fighter shall demonstrate techniques for controlling external bleeding.

3-5 Ropes.

3-5.1 The fire fighter, when given the name, picture, or actual knot shall identify it and describe the purpose for which it would be used.

3-5.2 The fire fighter, when given the proper size and amount of rope, shall demonstrate tying a bowline knot, a clove hitch, and a becket or sheet bend.

3-5.3 The fire fighter, given the proper rope, shall demonstrate the bight, loop, round turn, and half hitch as used in tying knots and hitches.

3-5.4 The fire fighter, using an approved knot, shall hoist any selected forcible entry tool, ground ladder, or appliance to a height of at least 20 ft.

3-5.5 The fire fighter shall demonstrate the techniques of inspecting, cleaning, and maintaining rope.

3-6 Salvage.

3-6.1 The fire fighter shall identify the purpose of salvage, and its value to the public and the fire department.

3-6.2 The fire fighter, as an individual and as a member of a team, shall demonstrate folds and rolls of salvage covers.

3-6.3 The fire fighter, as an individual and as a member of a team, shall demonstrate salvage cover throws.

3-6.4 The fire fighter shall demonstrate the techniques of inspection, cleaning, and maintaining salvage equipment.

3-7 Fire Hose, Nozzles, and Appliances.

3-7.1* The fire fighter shall identify the sizes, types, amounts, and use of hose carried on a pumper.

3-7.2 The fire fighter shall demonstrate the use of nozzles, hose adaptors, and hose appliances carried on a pumper.

3-7.3 The fire fighter, given the necessary equipment and operating as an individual and as a member of a team, shall advance dry hose lines of two different sizes, both of which shall be $1\frac{1}{2}$ in. or larger, from a pumper:

- (a) Into a structure
- (b) Up a ladder into an upper floor window
- (c) Up an inside stairway to an upper floor
- (d) Up an outside stairway to an upper floor
- (e) Down an inside stairway to a lower floor
- (f) Down an outside stairway to a lower floor
- (g) To an upper floor by hoisting.

3-7.4 The fire fighter, given the necessary equipment and operating as an individual and as a member of a team, shall advance charged attack lines of two different sizes, both of which shall be $1\frac{1}{2}$ in. or larger, from a pumper:

- (a) Into a structure
- (b) Up a ladder into an upper floor window

- (c) Up an inside stairway to an upper floor
- (d) Up an outside stairway to an upper floor
- (e) Down an inside stairway to a lower floor
- (f) Down an outside stairway to a lower floor
- (g) To an upper floor by hoisting.

3-7.5 The fire fighter shall demonstrate the techniques for cleaning fire hose, couplings, and nozzles; and inspecting for damage.

3-7.6 The fire fighter shall connect a fire hose to a hydrant, and fully open and close the hydrant.

3-7.7 The fire fighter shall demonstrate the loading of fire hose on fire apparatus and identify the purpose of at least three types of hose loads and finishes.

3-7.8 The fire fighter shall demonstrate three types of hose rolls.

3-7.9 The fire fighter shall demonstrate two types of hose carries.

3-7.10 The fire fighter shall demonstrate coupling and uncoupling fire hose.

3-7.11 The fire fighter shall work from a ladder with a charged attack line, which shall be 1½ in. or larger.

3-7.12 The fire fighter shall demonstrate the techniques of carrying hose into a building to be connected to a standpipe, and of advancing a hose line from a standpipe.

3-7.13 The fire fighter shall demonstrate the methods for extending a hose line.

3-7.14 The fire fighter shall demonstrate replacing a burst section of hose line.

3-8 Fire Streams.

3-8.1 The fire fighter shall define a fire stream.

3-8.2* The fire fighter shall manipulate a nozzle so as to attack a Class A fire and a Class B fire.

3-8.3 The fire fighter shall define water hammer and at least one method for its prevention.

3-8.4 The fire fighter shall demonstrate how to open and close a nozzle.

3-9 Ladders.

3-9.1 The fire fighter shall identify each type of ladder and define its use.

3-9.2 The fire fighter, operating as an individual and as a member of a team, shall demonstrate the following ladder carries:

- (a) One person carry
- (b) Two person carry
- (c) Three person carry
- (d) Four person carry
- (e) Five person carry
- (f) Six person carry.

3-9.3 The fire fighter, operating as an individual and as a member of a team, shall raise each type and size of ground ladder using several different raises for each ladder.

3-9.4* The fire fighter shall climb the full length of every type of ground and aerial ladder.

3-9.5 The fire fighter shall climb the full length of each type of ground and aerial ladder carrying fire fighting tools or equipment while ascending and descending.

3-9.6* The fire fighter shall climb the full length of each type of ground and aerial ladder and bring an "injured person" down the ladders.

3-9.7 The fire fighter shall demonstrate the techniques of working from ground or aerial ladders with tools and appliances, with and without a life belt.

3-9.8 The fire fighter shall demonstrate the techniques of cleaning ladders.

3-10 Ventilation.

3-10.1 The fire fighter shall define the principles of ventilation, and identify the advantages and effects of ventilation.

3-10.2 The fire fighter shall identify the dangers present, and precautions to be taken in performing ventilation.

3-10.3* The fire fighter shall demonstrate opening various types of windows from inside and outside, with and without the use of fire department tools.

3-10.4 The fire fighter shall demonstrate breaking window or door glass, and removing obstruction.

3-10.5 The fire fighter, using an axe, shall demonstrate the ventilation of a roof and a floor.

3-10.6 The fire fighter shall define the theory of a "back draft explosion."

3-11 Inspection.

3-11.1 The fire fighter shall identify the common causes of fires and their prevention.

3-11.2 The fire fighter shall identify the fire inspection procedures.

3-11.3 The fire fighter shall define the importance of public relations relative to the inspection programs.

3-11.4 The fire fighter shall define dwelling inspection procedures.

3-12 Rescue.

3-12.1 The fire fighter shall demonstrate the removal of injured persons from the immediate hazard by the use of carries, drags, and stretchers.

3-12.2 The fire fighter shall demonstrate searching for victims in burning, smoke-filled buildings, or other hostile environments.

3-12.3* The fire fighter shall define the uses of a life belt.

3-13 Sprinklers.

3-13.1 The fire fighter shall identify a fire department sprinkler connection and water motor alarm.

3-13.2 The fire fighter shall connect hose line(s) to a fire department connection of a sprinkler or standpipe system.

3-13.3 The fire fighter shall define how the automatic sprinkler heads open and release water.

3-13.4 The fire fighter shall temporarily stop the flow of water from a sprinkler head.

3-14 Fire Alarm and Communications.

3-14.1 The fire fighter shall define the procedure for a citizen to report a fire or other emergency.

3-14.2 The fire fighter shall demonstrate receiving an alarm or a report of an emergency, and initiate action.

3-14.3 The fire fighter shall define the purpose and function of all alarm-receiving instruments and personnel-alerting equipment provided in the fire station.

3-14.4 The fire fighter shall identify traffic control devices installed in the fire station to facilitate the response of apparatus.

3-14.5 The fire fighter shall identify procedures required for receipt and processing of business and personal calls.

3-14.6 The fire fighter shall identify prescribed fire department radio procedures.

3-14.7 The fire fighter shall define policy and procedures concerning the ordering and transmitting of multiple alarms of fire and calls for special assistance from the emergency scene.

3-14.8 The fire fighter shall define all fire alarm signals, including multiple alarm and special signals, governing the movements of fire apparatus, and the action to be taken upon the receipt of each signal.

3-15 Safety.

3-15.1 The fire fighter shall identify dangerous building conditions created by fire.

3-15.2 The fire fighter shall demonstrate techniques for action when trapped or disoriented in a fire situation or in a hostile environment.

3-15.3 The fire fighter shall define procedures to be used in electrical emergencies.

3-16 Fire Behavior.

3-16.1 The fire fighter shall define fire.

3-16.2 The fire fighter shall define the fire triangle.

3-16.3 The fire fighter shall identify two chemical, mechanical, and electrical energy heat sources.

3-16.4 The fire fighter shall define the following potential stages of fire:

- (a) Incipient
- (b) Flame spread
- (c) Hot smoldering
- (d) Flash over
- (e) Steady state
- (f) Clear burning.

3-16.5 The fire fighter shall define the three methods of heat transfer.

3-16.6 The fire fighter shall define the three physical stages of matter in which fuels are commonly found.

3-16.7 The fire fighter shall define the hazard of finely divided fuels as they relate to the combustion process.

3-16.8 The fire fighter shall define flash point and ignition temperature.

3-16.9 The fire fighter shall define concentrations of oxygen in air as it affects combustion.

3-16.10 The fire fighter shall identify three products of combustion commonly found in structural fires which create a life hazard.

3-17 Overhaul.

3-17.1 The fire fighter shall demonstrate searching for hidden fires by sight, touch and smell.

3-17.2 The fire fighter shall demonstrate exposure of hidden fires by opening ceilings, walls, floors and pulling apart burned materials.

3-17.3 The fire fighter shall demonstrate how to separate and remove charred material from unburned material.

3-17.4 The fire fighter shall define duties of fire fighters left at the fire scene for fire and security surveillance.

3-17.5 The fire fighter shall identify the purpose of overhaul.

Chapter 4 Fire Fighter II

4-1 General.

4-1.1 The fire fighter shall identify responsibilities of the fire fighter in determining the point of origin, cause, and protection of evidence in fires.

4-1.2 The fire fighter shall identify procedures for shutting off the gas services to a building.

4-1.3 The fire fighter shall identify procedures for shutting off electrical service to a building.

4-2 Forcible Entry.

4-2.1* The fire fighter shall identify materials and construction features of doors, windows, roofs, floors, and vertical barriers and shall define the dangers associated with each in an emergency situation.

4-2.2 The fire fighter shall identify the method and technique of forcible entry through any door, window, ceiling, roof, floor, or vertical barrier.

4-3 Protective Breathing Apparatus.

4-3.1* The fire fighter shall identify the procedure for daily inspection and maintenance of breathing apparatus.

4-3.2 The fire fighter, given each type of breathing apparatus, shall demonstrate the correct procedure for recharging.

4-3.3* The fire fighter shall demonstrate the following emergency techniques using breathing apparatus to:

- (a) Assist other fire fighters,
- (b) Conserve air,
- (c) Restricted use of by-pass valves.

4-4 Emergency Medical Care.

4-4.1 The fire fighter shall identify four sources from which information might be gathered pertaining to the nature of an accident victim's injuries.

4-4.2 The fire fighter, given specific situations, shall identify what injuries might be suspected from observation of the injury-producing mechanisms in addition to those injuries that are obvious.

4-4.3* The fire fighter, given a victim, shall conduct a secondary survey for other than life-threatening injuries.

4-4.4 The fire fighter shall identify the signs and symptoms of internal bleeding.

4-4.5 The fire fighter shall demonstrate the emergency care for a person with known or suspected internal bleeding.

4-4.6 The fire fighter shall identify characteristics and emergency medical care of thermal burns according to severity.

4-4.7 The fire fighter, given a specific situation, shall demonstrate and define the sequential emergency medical care indicated.

4-4.8 The fire fighter shall identify the emergency medical care for chemical burns, including chemical burns of the eyes.

4-4.9 The fire fighter shall define the types of fractures and describe the differences.

4-4.10 The fire fighter shall identify three general signs and symptoms of fractures.

4-4.11 The fire fighter, given an identified fracture, shall demonstrate the emergency medical care necessary to transport the victim.

4-4.12 The fire fighter shall identify the anatomical process of breathing.

4-4.13 The fire fighter shall identify the heart-lung-brain relationship as it affects life and shall define what occurs when an airway obstruction is not corrected.

4-4.14 The fire fighter shall demonstrate cardiopulmonary resuscitation employing the two-person technique.

4-4.15 The fire fighter shall identify symptoms and demonstrate emergency medical care of traumatic shock.

4-4.16* The fire fighter shall demonstrate the use of breathing aid equipment.

4-5 Ropes.

4-5.1 The fire fighter, when given a simulated fire fighting or rescue task, shall select the appropriate size, strength, and length of rope for the task.

4-5.2 The fire fighter shall select and tie a rope between two objects at least 15 ft apart, that will support the weight of a fire fighter on the rope.

4-5.3 The fire fighter shall use a rope to tie ladders, hose, and other equipment so as to secure them to immovable objects.

4-6 Salvage.

4-6.1 The fire fighter, given salvage equipment, operating as an individual and as a member of a team, shall demonstrate the construction and use of a water chute.

4-6.2 The fire fighter, given salvage equipment, operating as an individual and as a member of a team, shall demonstrate the construction and use of a water catch-all.

4-6.3 The fire fighter, given salvage equipment except salvage covers, shall demonstrate the removal of debris, and removal and routing of water from a structure.

4-6.4 The fire fighter shall demonstrate the covering or closing of openings made during fire fighting operations.

4-7 Fire Hose, Nozzles, and Appliances.

4-7.1 The fire fighter shall identify, select, and demonstrate the use of any nozzle.

4-7.2 The fire fighter shall demonstrate all hand hose lays.

4-7.3 The fire fighter shall demonstrate inspection and maintenance of fire hose, couplings, and nozzles, and recommend replacement or repair as needed.

4-7.4 The fire fighter shall demonstrate all hydrant to pumper hose connections.

4-7.5 The fire fighter shall select adapters and appliances to be used in a specific fire ground situation.

4-8 Fire Streams.

4-8.1 The fire fighter shall define the following methods of water application:

- (a) Direct
- (b) Indirect
- (c) Combination.

4-8.2 The fire fighter, given fire situations, for each situation shall select the proper nozzle and hose size.

4-8.3 The fire fighter shall identify characteristics of all types of fire streams.

4-8.4* The fire fighter shall identify precautions to be followed while advancing hose lines to a fire.

4-8.5 The fire fighter shall identify three conditions that result in pressure losses in a hose line.

4-8.6 The fire fighter shall identify four special stream nozzles and demonstrate at least two uses or applications for each.

4-8.7 The fire fighter shall identify and define foam making appliances, and shall demonstrate a foam stream from each.

4-8.8 The fire fighter shall identify three observable results that are obtained when the proper application of a fire stream is accomplished.

4-8.9 The fire fighter shall identify and define those items required to develop three types of fire streams, and shall demonstrate each.

4-9 Ladders.

4-9.1 The fire fighter shall identify the materials used in ladder construction.

4-9.2 The fire fighter shall identify the load safety features of all ground and aerial ladders.

4-9.3 The fire fighter shall demonstrate inspection and maintenance techniques for different types of ground and aerial ladders.

4-10 Ventilation.

4-10.1 The fire fighter shall demonstrate the use of different types of power saws and jack hammers.

4-10.2 The fire fighter shall identify the different types of roofs, demonstrate the techniques used to ventilate each type, and identify the necessary precautions.

4-10.3 The fire fighter shall identify the size and location of an opening for ventilation, and the precautions to be taken during ventilation.

4-10.4 The fire fighter shall demonstrate the removal of skylights, scuttle covers, and other covers on roof tops.

4-10.5 The fire fighter shall demonstrate types of equipment used for forced ventilation.

4-10.6 The fire fighter shall demonstrate ventilation using water fog.

4-11 Inspection.

4-11.1 The fire fighter shall prepare diagrams or sketches of buildings to record the locations of items of concern during pre-fire planning operations.

4-11.2 The fire fighter shall collect and record in writing information required for the purpose of preparing a report on a building inspection or survey.

4-11.3 The fire fighter shall identify school exit drill procedures.

4-11.4* The fire fighter shall identify life safety programs for the home.

4-11.5 The fire fighter shall identify common fire hazards and make recommendations for their correction.

4-12 Rescue.

4-12.1 The fire fighter shall demonstrate the techniques of removing debris, rubble and other materials found at a cave-in.

4-12.2 The fire fighter shall demonstrate the use of the following rescue tools:

- (a) Shoring blocks
- (b) Trench jacks
- (c) Block and tackle
- (d) Hydraulic jacks
- (e) Screw jacks.

4-12.3 The fire fighter shall demonstrate the techniques of preparing a victim for emergency transportation by using standard available equipment, or by improvising a method.

4-12.4 The fire fighter shall identify dangers of search and rescue missions in tunnels, caves, construction sites, and other hazardous areas.

4-12.5 The fire fighter, operating as a member of a team, shall demonstrate the extrication of a victim from a vehicle accident.

4-12.6 The fire fighter shall tie a knot and lower a person from a third floor level.

4-13 Water Supplies.

4-13.1* The fire fighter shall identify the water distribution system, and other water sources in the local community.

4-13.2 The fire fighter shall identify the following parts of a water distribution system:

- (a) Distributors
- (b) Primary Feeders
- (c) Secondary Feeders.

4-13.3 The fire fighter shall identify a:

- (a) Dry-barrel hydrant
- (b) Wet-barrel hydrant.

4-13.4 The fire fighter shall identify the following:

- (a) Normal operating pressure of a water distribution system.
- (b) Residual pressure of a water distribution system.
- (c) The flow pressure from an opening that is flowing water.

4-13.5* The fire fighter shall identify the following types of water main valves:

- (a) Indicating
- (b) Nonindicating
- (c) Post Indicator
- (d) Outside Screw and Yoke.

4-13.6 The fire fighter shall identify hydrant usability by:

- (a) Obstructions to use of hydrant
- (b) Direction of hydrant outlets to suitability of use
- (c) Mechanical above-ground damage
- (d) Condition of paint for rust and corrosion
- (e) The flow by fully opening the hydrant
- (f) Ability to drain.

4-14 Sprinklers.

4-14.1 The fire fighter shall identify the *Main Drain* valve on an automatic sprinkler system.

4-14.2 The fire fighter shall open and close a *Main Drain* valve on an automatic sprinkler system.

4-14.3 The fire fighter shall identify the *Main Control* valve on an automatic sprinkler system.

4-14.4 The fire fighter shall operate a *Main Control* valve on an automatic sprinkler system from "open" to "closed" and then back to "open."

4-14.5 The fire fighter shall define the value of automatic sprinklers in providing safety to life of occupants in a structure.